

Mission Point Grand Rapids Holding

Spring Summer MP North 2021

General/NAS/Consistent CHO

Week 1

Sunday Apr-18, May-23, Jun-27, Aug-01, Sep-05	Monday Apr-19, May-24, Jun-28, Aug-02, Sep-06	Tuesday Apr-20, May-25, Jun-29, Aug-03, Sep-07	Wednesday Apr-21, May-26, Jun-30, Aug-04, Sep-08	Thursday Apr-22, May-27, Jul-01, Aug-05, Sep-09	Friday Apr-23, May-28, Jul-02, Aug-06, Sep-10	Saturday Apr-24, May-29, Jul-03, Aug-07, Sep-11
Breakfast						
Choice of Cereal Scrambled Eggs Bacon Cinnamon Roll Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Breakfast Casserole Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Pancakes Scrambled Eggs Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Hot Cereal Plain Omelet Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	French Toast Bacon Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Scrambled Eggs Hearty Hashbrowns Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Breakfast Sandwich Jelly Margarine Orange Juice 2% Milk Coffee/Tea
Lunch						
Roasted Pork Tenderloin Baked Sweet Potato Half Roasted Cauliflower Choice of Roll Fruit of the Forest Pie Margarine Coffee/Tea	Beef Taco Salad Choice of Dressing Spanish Rice Lemon Poppyseed Cake Salsa Coffee/Tea	Spaghetti Sauce w/Meat Spaghetti Noodles Fresh Sauteed Green Beans Garlic Toast Fruit Seasonal S/S Choice Parmesan Cheese Coffee/Tea	Fried Chicken Sour Cream Potato Salad Spinach Southern Style Biscuit Butter Cinnamon Honey Fruit Seasonal S/S Choice Coffee/Tea	BBQ Ribs Baked Potato Sour Cream Pickled Beets Citrus Fruited Gelatin Coffee/Tea	Beer Battered Fish Macaroni & Cheese Sauteed Asparagus Carrot Cake Coffee/Tea	Hamburger Lettuce / Tomato / Onion Potato Salad Vanilla Ice Cream Cup Ketchup Mustard Packet Coffee/Tea
Dinner						
Chicken Tenders Tater Tots Dilled Carrots Fruit Seasonal S/S Choice Ketchup Creamy Ranch Dressing Dip 2% Milk Coffee/Tea	Coney Island Hot Dog Baked Beans Marinated Cucumbers Fruit Seasonal S/S Choice Ketchup 2% Milk Coffee/Tea	Butter Crumb Fish Mashed Potatoes Green Peas Pudding & Cookie Parfait Gravy Tartar Sauce 2% Milk Coffee/Tea	Chunky Vegetable Soup Saltines Ham Sandwich Lettuce / Tomato / Onion Cherry Crisp Mustard Packet 2% Milk Coffee/Tea	Turkey & Wild Rice Salad Tomato Salad Muffin Peanut Butter Brownies Margarine 2% Milk Coffee/Tea	Chicken Quesadilla Salsa Beans Sour Cream Fruit Seasonal S/S Choice Ice Crm Cup Choc Sundae 4flz Fz 2% Milk Coffee/Tea	BBQ Boneless Chicken Wings French Fries Veggie Sticks Choice of Dressing Cornbread Fruit Seasonal S/S Choice 2% Milk Coffee/Tea
Eve. Snack						
Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages

Laura Lauinger RDN, CFPP

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Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr-25, May-30, Jul-04, Aug-08, Sep-12	Apr-26, May-31, Jul-05, Aug-09, Sep-13	Apr-27, Jun-01, Jul-06, Aug-10, Sep-14	Apr-28, Jun-02, Jul-07, Aug-11, Sep-15	Apr-29, Jun-03, Jul-08, Aug-12, Sep-16	Apr-30, Jun-04, Jul-09, Aug-13, Sep-17	May-01, Jun-05, Jul-10, Aug-14, Sep-18
Breakfast						
Choice of Cold Cereal Scrambled Eggs Bacon Cinnamon Streusel Coffee Cake Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Sausge Gravy Biscuit Orange Juice 2% Milk Coffee/Tea	Pancakes Turkey Links Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Hot Cereal Plain Omelet Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	French Toast Bacon Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Scrambled Eggs Hearty Hashbrowns Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Breakfast Sandwich Jelly Orange Juice 2% Milk Coffee/Tea
Lunch						
Baked Glazed Ham Baked Sweet Potato Half Sauteed Asparagus Cheesecake with Cherries Choice of Roll Margarine Coffee/Tea	Chicken Fettuccine Alfredo Fruited Spinach Salad Lemon Bars Citrus Gelatin Choice of Dressing Coffee/Tea	Breaded Fish Ranch Mashed Potatoes Northwest Vegetable Blend Strawberry Shortcake Tartar Sauce Coffee/Tea	Beef Macaroni Casserole Brussels Sprouts Frosted Gelatin w/Fruit Muffin Margarine Coffee/Tea	Apple Pork Chop Pork Gravy Scalloped Potatoes Corn Frosted Chocolate Cake Margarine Coffee/Tea	Roasted Vegetable Lasagna Garlic Toast Tossed Salad Chocolate Chip Cookie Sandwich Choice of Dressing Coffee/Tea	Fried Chicken Carrots Potato Salad Cornbread Choice of Cookie Whipped Margarine Coffee/Tea
Dinner						
Turkey & Cheese Sandwich Lettuce / Tomato / Onion Broccoli Raisin Salad Fruit Seasonal S/S Choice Mustard Packet 2% Milk Coffee/Tea	Sloppy Joe Steak Fries Three Bean Salad Fruit Seasonal S/S Choice Ketchup 2% Milk Coffee/Tea	Chicken Salad on Croissant Sour Cream & Onion Chips Marinated Cucumbers & Tomatoes Mandarin Oranges 2% Milk Coffee/Tea	Frankfurter On A Bun Baked Beans Tater Tots Birthday Cake Ice Cream Ketchup Mustard Packet 2% Milk Coffee/Tea	Tuna Salad Sandwich Beef Barley Vegetable Soup Tomato Basil Salad Blueberry Crisp Saltines 2% Milk Coffee/Tea	Cornflake Chicken Breast Fresh Sauteed Green Beans Rice Pilaf Fruit Seasonal S/S Choice 2% Milk Coffee/Tea	Patty Melt Sandwich French Fries Sauteed Onions Fruit Seasonal S/S Choice Ketchup 2% Milk Coffee/Tea
Eve. Snack						
Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages

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Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May-02, Jun-06, Jul-11, Aug-15, Sep-19	May-03, Jun-07, Jul-12, Aug-16, Sep-20	May-04, Jun-08, Jul-13, Aug-17, Sep-21	May-05, Jun-09, Jul-14, Aug-18, Sep-22	May-06, Jun-10, Jul-15, Aug-19, Sep-23	May-07, Jun-11, Jul-16, Aug-20, Sep-24	May-08, Jun-12, Jul-17, Aug-21, Sep-25
Breakfast						
Choice of Cold Cereal Scrambled Eggs Bacon Cinnamon Roll Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Fiesta Egg Burrito Tomato Juice Orange Juice 2% Milk Coffee/Tea	Pancakes Breakfast Ham Slice Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Hot Cereal Plain Omelet Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	French Toast Sausage Links Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Scrambled Eggs Hearty Hashbrowns Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Breakfast Sandwich Jelly Margarine Orange Juice 2% Milk Coffee/Tea
Lunch						
BBQ Ribs Red Bliss Potatoes Green Peas Biscuit Citrus Gelatin Margarine Coffee/Tea	Corned Beef Brisket w/Veggies Potato Pancakes Wheat Bread Cherry Crisp Margarine Coffee/Tea	Salad Crispy Chicken Dressing Rnch Dlx Cup 1.5z Frsh Corn Chowder Cottage Cheese & Peaches Saltines Coffee/Tea	Braised Beef Tips Egg Noodles Broccoli Wheat Bread Tropical Fruit Salad Margarine Coffee/Tea	BBQ Chicken Thighs Baked Sweet Potato Sauteed Summer Squash Banana Parfait Wheat Bread Margarine Coffee/Tea	Tilapia Almondine Mashed Potatoes Gravy Mandarin Cole Slaw Brownie Coffee/Tea	Cheeseburger Sweet Potato Fries Sandwich Garnish w/Pickle Fruited Gelatin Ketchup 2% Milk Coffee/Tea
Dinner						
Fish Sandwich Lettuce / Tomato / Onion Potato Chips Pickled Beets Fruit Seasonal S/S Choice Tartar Sauce 2% Milk Coffee/Tea	Goulash Corn Watermelon Wheat Bread Margarine 2% Milk Coffee/Tea	Bratwurst on Bun Seasoned Sauteed Peppers & Onions Potato Salad Baked Beans Fruit Seasonal S/S Choice Mustard Packet 2% Milk Coffee/Tea	Chicken Quesadilla Seasoned Black Beans Spanish Rice Salsa Sour Cream Vanilla Ice Cream Cup 2% Milk Coffee/Tea	Ham & Cheese Quiche Sauteed Asparagus Honey Bran Muffin Fruit Seasonal S/S Choice Margarine 2% Milk Coffee/Tea	Turkey Tetrizzini Green Peas Blueberry Muffin Cool Pistachio Dessert Margarine 2% Milk Coffee/Tea	Chicken Jambalaya Tossed Salad Mini Ice Cream Sandwich Choice of Dressing 2% Milk Coffee/Tea
Eve. Snack						
Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages

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Week 4

Sunday May-09, Jun-13, Jul-18, Aug-22	Monday May-10, Jun-14, Jul-19, Aug-23	Tuesday May-11, Jun-15, Jul-20, Aug-24	Wednesday May-12, Jun-16, Jul-21, Aug-25	Thursday May-13, Jun-17, Jul-22, Aug-26	Friday May-14, Jun-18, Jul-23, Aug-27	Saturday May-15, Jun-19, Jul-24, Aug-28
Breakfast						
Choice of Cold Cereal Scrambled Eggs Bacon Cinnamon Streusel Coffee Cake Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Sausage Gravy Biscuit Orange Juice 2% Milk Coffee/Tea	Pancakes Scrambled Eggs Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Hot Cereal Plain Omelet Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	French Toast Bacon Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cereal Breakfast Sandwich Hashbrown Patty Orange Juice 2% Milk Coffee/Tea
Lunch						
Italian Meatloaf Mashed Potatoes Broccoli Brown Gravy Coconut Cream Pie Coffee/Tea	BBQ Pork Sandwich Sour Cream Potato Salad Brussels Sprouts Black Forest Brownie Coffee/Tea	Fried Chicken Au Gratin Potatoes Corn Cornbread Whipped Margarine Fruit Seasonal S/S Choice Coffee/Tea	Beef Teriyaki White Rice Green Peas Honey Bran Muffin Margarine Fruit Seasonal S/S Choice Coffee/Tea	Goulash Green Beans Lemon Bars Wheat Bread Margarine Coffee/Tea	Oven Baked Fish Baked Sweet Potato Vinegar Cole Slaw Vanilla Ice Cream Cup Tartar Sauce Margarine Coffee/Tea	Braised Boneless Short Ribs Roasted Butternut Squash Mashed Potatoes Fruit Seasonal S/S Choice Brown Gravy Corn Muffin Whipped Margarine Coffee/Tea
Dinner						
Cream of Asparagus Soup Saltines Tuna Salad Sandwich Fruit Seasonal S/S Choice Potato Chips 2% Milk Coffee/Tea	Chicken Enchiladas Refried Beans Salsa Fruit Seasonal S/S Choice Sour Cream 2% Milk Coffee/Tea	Dijon Turkey & Swiss Wrap Tomato Basil Salad Potato Chips Vanilla Ice Cream Cup 2% Milk Coffee/Tea	Cheese Pizza Ham Slice Tossed Salad Cherry Crisp Choice of Dressing 2% Milk Coffee/Tea	Chicken Reuben Sandwich French Fries Carrot Raisin Salad Fruit Seasonal S/S Choice Ketchup 2% Milk Coffee/Tea	Frankfurter On A Bun Tater Tots Baked Beans Watermelon Ketchup Mustard Packet 2% Milk Coffee/Tea	Turkey Pot Pie Cottage Cheese Lettuce Salad Peanut Butter Cookie Choice of Dressing 2% Milk Coffee/Tea
Eve. Snack						
Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages

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Week 5

Sunday May-16, Jun-20, Jul-25, Aug-29	Monday May-17, Jun-21, Jul-26, Aug-30	Tuesday May-18, Jun-22, Jul-27, Aug-31	Wednesday May-19, Jun-23, Jul-28, Sep-01	Thursday May-20, Jun-24, Jul-29, Sep-02	Friday May-21, Jun-25, Jul-30, Sep-03	Saturday May-22, Jun-26, Jul-31, Sep-04
Breakfast						
Choice of Cereal Scrambled Eggs Bacon Cinnamon Roll Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Biscuits and Sausage Gravy Orange Juice 2% Milk Coffee/Tea	Pancakes Bacon Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Hot Cereal Cheese Omelet Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	French Toast Scrambled Eggs Syrup Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Wheat Toast Jelly Margarine Orange Juice 2% Milk Coffee/Tea	Choice of Cold Cereal Breakfast Sandwich Hashbrown Patty Jelly Margarine Orange Juice 2% Milk Coffee/Tea
Lunch						
Pot Roast Tortellini Buttered Broccoli Dinner Roll Fruit Seasonal S/S Choice Margarine Coffee/Tea	Apple Pork Chop Baked Sweet Potato Half Green Peas Tropical Fruit Salad Honey Wheat Dinner Roll Margarine Coffee/Tea	BBQ Chicken Breast Sauteed Spinach Macaroni Salad Corn Muffin Margarine Fruited Gelatin Coffee/Tea	Cabbage Roll Stuffed w/Sauce Mashed Potatoes Fresh Sauteed Carrots Honey Wheat Dinner Roll Fruit Seasonal S/S Choice Whipped Margarine Coffee/Tea	Kielbasa Pierogies Green Beans Garlic Toast Vanilla Ice Cream Cup Coffee/Tea	Resident Choice Meal	Cheeseburger Steak Fries Lettuce / Tomato / Onion Sherbet Cup Ketchup Coffee/Tea
Dinner						
Chicken Tenders Dilled Carrots Potato Salad Black Forest Cake Honey Mustard Sce 2% Milk Coffee/Tea	Alaskan Whitefish Sandwich Tater Tots Wax Beans Lettuce / Tomato / Onion Vanilla Ice Cream Cup 2% Milk Coffee/Tea	Roast Beef & Provolone Sandwich Tomato Salad Cheesecake Bkd Regular Potato Chips Mustard Packet 2% Milk Coffee/Tea	Cheesy Turkey Casserole Sauteed Summer Squash Dirt Cup Margarine 2% Milk Coffee/Tea	Cream of Asparagus Soup Saltines Chicken Salad on Croissant Veggie Sticks Fruit Seasonal S/S Choice 2% Milk Coffee/Tea	Lemon Baked Fish Red Bliss Potatoes Creamy Cole Slaw Strawberries w/ Whip Topping Cheese Biscuit 2% Milk Coffee/Tea	Macaroni & Cheese Baked Glazed Ham Sauteed Asparagus Fruit Seasonal S/S Choice Chocolate Chip Cookie 2% Milk Coffee/Tea
Eve. Snack						
Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages	Variety Snack Assorted Beverages

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