

# Mission Point of Detroit Express Newsletter

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Volume 1



## THOUSANDS OF PROGRAMS PROVIDED FOR SENIORS

Senior care is expensive, but there are over 2,500 federal, state, and private benefits programs that provides financial help for seniors. They cover over a dozen categories including medications, health care, income assistance, food, housing, and transportation.

To quickly find programs for you or your older adult, we recommend a free service from the National Council on Aging called Benefits CheckUp. This trustworthy, easy-to-use online tool simplifies the process and saves time.

Since 1950, the NCOA has been working to improve the lives of Americans aged 60+, especially those who are struggling. They provide community programs and services, online help and advocate.

NCOA also builds public awareness, influences federal legislation, and creates national programs to make life better for older adults. To learn more Benefits CheckUp or to read this article in its entirety, please visit Daily Caring's website at [www.dailycaring.com](http://www.dailycaring.com)



## COMPANION PET PROGRAM

In March 2021, Mission Point of Detroit was award eight companion pets to distribute to those residents who have Alzheimer/Dementia and could use a mechanical pet to love when not engaging in facility offered activities. And, on Thursday, April 15, 2021 the Activity and Social Services Directors distributed the Joy for All Companion Pet to selective residents who was truly happy to receive their new companion.

*"I LOVE MY DOG, HIS NAME IS PJ." -L. Smith*

To order your Companion Pet, visit [www.joyforall.com](http://www.joyforall.com)





# WOMEN EYE HEALTH & SAFTY MONTH

*Fewer than 1 in 10 U.S. Women know that women are at greater risk of permanent vision loss than men according to a new national survey.*

A new survey has revealed that only nine percent of American women realize that women are at a greater risk of suffering permanent vision loss than men.

Prevent Blindness Florida and Prevent Blindness, a national non-profit organization, sponsored the survey to gain insight into the public's perceptions about women's eye and vision health.

### Women Eye Health Stats:

- 65% of women have age related-macular degeneration
- 61% of women have glaucoma
- 61% of women have cataracts

- 56% of women have refractive error
- 63% of women have vision impairment
- 66% of women are blind

### Women As Caregivers

Women often make the majority of their family's care decisions. Women are responsible for taking care of their children, spouses and loved ones health and often neglect their own. Women be sure to take some time to take care of your own health.

For more information about women's eye health, visit [www.preventblindness.org](http://www.preventblindness.org)



### MPD Ancillary Services

Dental / Hearing / Vision / Podiatry services are provided on a monthly basis.

If you are in need of any of the above services call the Social Services Department at **EXT: 217**



## Community News

### NEED FOOD ASSISTANCE?

*St. Joseph Shrine Catholic Church donates food boxes very Friday starting at 10am. For more information call [313-784-9152](tel:313-784-9152)*

*Mission Point of Detroit*

*Proudly presents....*

### *MPD Rise & Fly Spades Tournament*

*On 4/23/2021 at 3pm inside the activity center.*