

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10am: Morning Talk 11am: Basic Computer 1pm: Patio Visit (If weather permits) 2pm: Funny Friday Movie 4pm: Board Game Time	2 10am: Morning Exercise 11am: Celebrity Bio 1pm: After Lunch Chat 2pm: Patio Conversation (If weather permits) 4pm: Resident's Choice
3 10am: Sunday Music 11am: Church Service 1pm: Board Games (If weather permits) 2pm: Church Service 4pm: Music Therapy	4 10am: Move to Music 11am: Discover Science 1pm: After Lunch Yoga 2pm: Outside Games (If weather permits) 4pm: Book Club	5 10am: Adult Education 1:1 11am: Political Talk 1pm: Music Therapy 2pm: Patio Visit (If weather permits) 4pm: All That Jazz	6 10am: Move to Music 11am: BINGO 1pm: Sensory Group 2pm: Men's Club 4pm: Patio Visit (If weather permits)	7 10am: Morning News 11am: Register to Vote 1pm: Patio Visit (If weather permits) 2pm: Life Review 4pm: Music Therapy	8 10am: Chair Yoga 11am: Arts & Crafts 1pm: Patio Visit (If weather permits) 2pm: Council Meeting 4pm: Friday Scary Movie	9 10am: Roundtable Talk 11am: Remember When 1pm: After Lunch Game 2pm: Patio Exercise (If weather permits) 4pm: Stress Relief Activity
10 10am: Muffins & Coffee 11am: Church Services 1pm: Patio Visit (If weather permits) 2pm: Church Services 4pm: Evening Movie	11 10am: Resident's Choice 11am: Disease Prevention 1pm: After Lunch Game (If weather permits) 2pm: Women's Club 4pm: Book Club	12 10am: Hangman 11am: Finish the Lyrics 1pm: After Lunch Movie 2pm: Patio Visit (If weather permits) 4pm: This Is My Culture	13 10am: What's On Your Mind 11am: BINGO 1pm: Patio Visit (If weather permits) 2pm: National Geographic 4pm: Ice Cream Social	14 10am: Recovery Session 11am: Register Vote 1pm: After Lunch Chat 2pm: Patio Visit (If weather permits) 4pm: Basic Adult Education	15 10am: Move to Music 11am: Patio Visit (If weather permits) 1pm: Symphony Music 2pm: Council Meeting 3pm: Funny Friday Movie	16 10am: Newspaper Talk 11am: Group Chat 1pm: After Lunch Movie 2pm: Patio Visit (If weather permits) 4pm: Resident's Choice
17 10am: Sunday News 11am: Church Service 1pm: After Lunch Game 2pm: Church Service 4pm: Patio Visit (If weather permits)	18 10am: Morning Meditation 11am: How to Tutorial 1pm: After Lunch Movie 2pm: Outside Games (If weather permits) 4pm: Book Club	19 10am: Adult Education Class 11am: Political Talk 1pm: Afternoon News 2pm: Patio Visit (If weather permits) 4pm: All That Blues	20 10am: Danish & Tea 11am: BINGO 1pm: Sensory Group 2pm: Men's Club 4pm: Patio Visit (If weather permits)	21 10am: Recovery Session 11am: Patio Visit (If weather permits) 1pm: After Lunch Move 2pm: Get Inform Fair 4pm: Motown Review	22 10am: Chair Yoga 11am: Roundtable Talk 1pm: Patio Visit (if weather permits) 2pm: Friday Scary Movie 4pm: Sensory Stimulation	23 10am: Resident's Choice 11am: Celebrity Gossip 1pm: Patio Visit (If weather permits) 2pm: Turner Classic Movie 4pm: Discovery History
24 10am: Inspirational Music 11am: Church Services 1pm: Outside Games (If weather permits) 2pm: Church Service 4pm: Evening News	25 10am: Newspaper Talk 11am: Discover Nature 1pm: Patio Visit (If weather permits) 2pm: Women's Club 4pm: Book Club	26 10am: Bowling 4 Fun 11am: Horseshoes 1pm: After Lunch Games 2pm: Register to Vote 4pm: Patio Visit (If weather permits)	27 10am: Life Skills 11am: BINGO 1pm: After Lunch Movie 2pm: What's Your Expertise 4pm: Patio Visit (If weather permits)	28 10am: Morning Chair Exercise 11am: Express Yourself 1pm: After Lunch News Talk 2pm: Mid-Day Movie 4pm: Patio Visit (If weather permits)	29 10am: Morning Arm Exercises 11am: Money Management 1pm: Patio Visit (If weather permits) 2pm: Resident Birthday Party 4pm: Party Cont.	30 10am: Morning News 11am: Hangman 1pm: Patio Visit (If weather permits) 2pm: Arts & Crafts 4pm: Sensory Activity
31 10am: Coffee & Danish 11am: Resident Choice 1pm: Party Set-Up 2pm: Halloween Party 4pm: Music Therapy					<p>Please note: Activities are subject to change at any time and all outside activities will take place if the weather permits.</p> <p>Have a question about our scheduled activities? Call - Ext: 216</p>	

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