November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10am: Move to Music 11am: Adult Education Class 1pm: **Patio Visit** (If weather permits) 2pm: News Talk 4pm: Funny Friday Movie	**2** 10am: Danish & Tea 11am: Board Games 1pm: Motown Word Search 2pm: **Patio Conversation** (If weather permits) 4pm: Music Therapy	**3** 10am: Coffee Talk 11am: **Patio Visit** (If weather permits) 1pm: After Lunch Chat 2pm: Discover Nature 4pm: What's On Your Mind	**4** 10am: Morning News 11am: Adult Education Class 1pm: After Lunch Yoga 2pm: **Patio Visit** (If weather permits) 4pm: Computer Lab	**5** 10am: Get Fit While U Sit 11am: Arts & Crafts 1pm: After Lunch Chat 2pm: **Patio Visit** (If weather permits) 4pm: Music Therapy	**6** 10am: Saturday News 11am: Coffee & Convo 1pm: Broadway Word Game 2pm: **Patio Conversation** (If weather permits) 4pm: Late Afternoon Movie
7 10am: Sunday Morning Coffee 11am: Inspiration Talk 1pm: **Patio Visit** (If weather permits) 2pm: TV Church Service 4pm: Sunday 70's Movie	**8** 10am: Chair Exercise 11am: Casino Trip 1pm: **Patio Visit** (If weather permits) 2pm: Discover Nature 4pm: Current Events	**9** 10am: Disease Prevention 11am: The Funniest Thing Happened To Me When….. 1pm: Patio Visit 2pm: Political Talk 4pm: Afternoon Games	**10** 10am: Get Fit While U Sit 11am: **BINGO** 1pm: After Lunch Games 2pm: Adult Education Class 4pm: **Patio Visit** (If weather permits)	**11** 10am: Veteran's Day Talk 11am: Cooking Demo. 1pm: Patio Visit (If weather permits) 2pm:**Veteran's Day Program** 4pm: Music Therapy	**12** 10am: Chair Exercises 11am: Bowling 4 Fun 1pm: **Patio Visit** (If weather permits) 2pm: **Resident Council Meeting** 4pm: Relax to Music	**13** 10am: In the News 11am: Resident's Choice 1pm: After Lunch Yoga 2pm: **Patio Exercise** (If weather permits) 4pm: Stress Reduction through Music
14 10am: Express Yourself 11am: Inspiration Talk 1pm: **Patio Visit** (If weather permits) 2pm: Church Services 4pm: Hangman	**15** 10am: Celebrity Gossip 11am: UNO Game Time 1pm: **Patio Visit** (If weather permits) 2pm: Who Am I? 4pm: Name That Tune	**16** 10am: Tea Talk 11am: Adult Education 1pm: After Lunch Movie 2pm: **Patio Visit** (If weather permits) 4pm: Reading While Healing	**17** 10am: Chair Exercise 11am: **BINGO** 1pm: **Patio Visit** (If weather permits) 2pm: Card Game Time 4pm: **Ice Cream Social**	**18** 10am: Life Review 11am: Day at the Opera 1pm: After Lunch Yoga 2pm: **Patio Visit** (If weather permits) 4pm: Word Search Time	**19** 10am: Get Fit While U Sit 11am: **Patio Visit** (If weather permits) 1pm: Dinner Set-Up 2pm: **Pre-Thanksgiving Day Dinner** 4pm: Dinner Continue	**20** 10am: Saturday News Talk 11am: Current Events 1pm: After Lunch Chat 2pm: **Patio Visit** (If weather permits) 4pm: Late Afternoon Movie
21 10am: Sunday Music Fest 11am: Inspiration Talk 1pm: After Lunch Exercise 2pm: Church Service 4pm: **Patio Visit** (If weather permits)	**22** 10am: Facetime Visits 11am: Adult Education Class 1pm: After Lunch Movie 2pm: **Patio Visit** (If weather permits) 4pm: Computer Lab – Learn How to Type	**23** 10am: Chair Exercise 11am: What's That Smell 1pm: After Lunch News 2pm: **Patio Visit** (If weather permits) 4pm: All That Blues	**24** 10am: Roundtable Talk 11am: **BINGO** 1pm: After Lunch Games 2pm: **Men's Club** 4pm: **Patio Visit** (If weather permits)	**25** 10am: Thanksgiving Parade 11am: Parade on T.V. Cont. 1pm: Arts & Crafts 2pm: **Thanksgiving Day Documentary** 4pm: I'm Thankful Group Discussion	**26** 10am: Chair Yoga 11am: Funny Friday Movie 1pm: **Resident's Birthday Party Setup** 2pm: **Birthday Party** 4pm: Birthday Party Cont.	**27** 10am: Back In The Day 11am: Turner Classic Movies 1pm: **Patio Visit** (If weather permits) 2pm: Family Feud 4pm: Music Therapy
28 10am: Sunday Morning News 11am: Inspiration Talk 1pm: **Patio Visit** (If weather permits) 2pm: Church Service 4pm: Evening News	**29** 10am: Chair Yoga 11am: **Did You Know** 1pm: Patio Visit (If weather Permits) 2pm: Arts & Crafts 4pm: This Is My Culture	**30** 10am: Chat & Coffee 11am: Adult Education Class 1pm: **Patio Visit** (If weather permits) 2pm: Cooking Demo 4pm: Money Management	**31** 10am: Discover Science 11am: **BINGO** 1pm: After Lunch Chat 2pm: Coloring for Fun 4pm: **Patio Visit** (If weather permits)	**After Hour Concerns Call EXT: 210**	**Please note:** Activities are subject to change at any time and all outside activities will take place if weather permits. Have a question about our scheduled activities? **Call - Ext: 216**	