

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please note: Activities are subject to change at any time and all outside activities will take place if the weather permits.</b></p> <p>Have a question about our scheduled activities? <b>Call - Ext: 216</b></p>						<p><b>1</b></p> <p>10am: Morning News Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Domino Game Time 4pm: Music Therapy</p>
<p><b>2</b></p> <p>10am: Sunday Morning Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: TV Church Services 4pm: Hangman</p>	<p><b>3</b></p> <p>10am: Morning Coffee Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Women's Club</b> 4pm: Community Group Chat</p>	<p><b>4</b></p> <p>10am: Chair Exercise 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>BINGO</b> 4pm: Music Therapy</p>	<p><b>5</b></p> <p>10am: What's the News? 1am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Adult Education Course</b> 4pm: My 2022 Goals</p>	<p><b>6</b></p> <p>10am: Morning Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Sensory Stimulation 4pm: Guess Who Done It?</p>	<p><b>7</b></p> <p>10am: Political Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Resident Council Meeting</b> 4pm: Funny Friday Movie</p> 	<p><b>8</b></p> <p>10am: Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Adult Coloring 4pm: Music Therapy</p>
<p><b>9</b></p> <p>10am: Inspirational Music 11am: <b>Patio Visit / Resident's Choice</b> 2pm: TV Church Services 4pm: Community Group Chat</p>	<p><b>10</b></p> <p>10am: Morning Coffee Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Sensory Stimulation 4pm: Card Game Time</p>	<p><b>11</b></p> <p>10am: Morning Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: 2021 Top Movies Review 4pm: Body Imagery</p>	<p><b>12</b></p> <p>10am: Morning Trivia 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Men's Club</b> 4pm: <b>Ice Cream Social</b></p>	<p><b>13</b></p> <p>10am: Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Picture Air Activity 4pm: Adult Coloring</p>	<p><b>14</b></p> <p>10am: Time to Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Adult Writing Worksheet 4pm: Funny Friday Movie</p>	<p><b>15</b></p> <p>10am: Morning Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: 2021 Top News 4pm: Board Game Time</p>
<p><b>16</b></p> <p>10am: Express Yourself 11am: <b>Patio Visit / Resident's Choice</b> 2pm: TV Church Services 4pm: Horseshoes Game</p>	<p><b>17</b></p> <p>10am: Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Word Search Competition 4pm: Let's Talk</p> <p><b>Dr. M. L. King's Birthday</b></p>	<p><b>18</b></p> <p>10am: What's on Your Mind? 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>BINGO</b> 4pm: Music Therapy</p>	<p><b>19</b></p> <p>10am: Newspaper Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Arts &amp; Crafts 4pm: Sensory Stimulation</p>	<p><b>20</b></p> <p>10am: Morning Arm Exercises 1pm: <b>Patio Visit / Resident's Choice</b> 2pm: Computer Class 1:1 4pm: Music Therapy</p>	<p><b>21</b></p> <p>10am: Morning News 11am: <b>Patio Visit / Resident's Choice</b> 2pm: 2021 Predictions 4pm: Funny Friday Movie</p>	<p><b>22</b></p> <p>10am: Morning Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Adult Science Worksheet 4pm: Music Therapy</p>
<p><b>23</b></p> <p>10am: Sunday Morning Coffee Inspiration Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: TV Church Services 4pm: Sensory Stimulation</p>	<p><b>24</b></p> <p>10am: Morning News Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Adult Reading Worksheet 4pm: Community Group Chat</p>	<p><b>25</b></p> <p>10am: Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Arts and Crafts 4pm: Music Therapy</p>	<p><b>26</b></p> <p>10am: Chair Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Ice Cream Social</b> 4pm: Time to Relax</p>	<p><b>27</b></p> <p>10am: Morning Exercises 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Picture Air Activity 4pm: 2021 Music Video Review</p>	<p><b>28</b></p> <p>10am: Express Yourself 11am: <b>Patio Visit / Resident's Choice</b> 2pm: <b>Resident's Birthday Party</b> 4pm: Card Game Time</p> 	<p><b>29</b></p> <p>10am: Morning News Talk 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Ring Toss 4pm: Sensory Stimulation</p>
<p><b>30</b></p> <p>10am: Morning Coffee Chat 11am: <b>Patio Visit / Resident's Choice</b> 2pm: Board Games Time 4pm: Did You Know?</p>	<p><b>31</b></p> <p>10am: Morning Chair Exercise 11am: Patio Visit / Resident's Choice 2pm: 2021 News Review</p>			<p align="center"><b>January Inspirational Poem</b></p> <p align="center"><b>LITTLE NEW YEAR POEM</b></p> <p align="center">The New Year lies before you. Like a spotless tract of snow. Be careful how you tread on it. For every mark will show.</p> <p align="center">~ Author Unknown ~</p>		

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